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underground for about 4 years, which is harder than Jail life. The said period of ten and half years was my period of University learning places.

From 1952 to 1957.....Elected to the Odisha Legislative Assembly

From 1962 to 1967.....Elected to the Lok Sabha.

As a journalist of a widely circulated weekly paper of Bombay. There Joshi requested Dhenkanal Raja to give some of his versions on the Prajamandal rising to which Dhenkanal Raja cordially answered many facts favouring him.

Joshi after returning from Dhenkanal and Cuttack to Bombay wrote the above mentioned article in 2 instalments i.e. on 22-01-39 and 29-01-39 and in the 2nd instalment of National Front Joshi wrote on Baishnab Patnaik as above.

□□□

07

Sports Injuries

Dr.Nirajkumar N.Uplanchwar

Director of Phy.Edu.,
Degloor College, Degloor

Physical activity is a great way to remain in top shape, both mentally and physically. But almost every sport comes with the risk of injury, whether it is a bruise, bump, muscle strain, or more serious injuries. Sports injuries are the worst. They happen when you less expect them. They can disrupt your activity, especially when you are a professional athlete. And, the worst part is that they can be aching pain.

Injuries are inevitable when you are a professional athlete. They can occur due to over-training, lack of conditioning, falling, and improper form or technique. Such injuries can be prevented with certain precautions such as using the right equipment, wearing protective gear, giving time to your body to rest and repair, and backing off at the first signs of pain. However, some injuries occur due to someone else's fault. In these cases, your body's condition or your technique has nothing to do with you getting injured. If you are injured when participating in a game or using sports equipment, and the sports injury occurred due to someone's reckless or intentional actions, you can receive compensation for your injury and financial losses. Keep reading below to find out more about various types of sports injuries that entitle you to file a personal injury claim and how to get compensation.

Types of sports injuries claims

When it comes to injuries such as fractures, a sprained ankle, or muscle strain caused by your poor prevention or by someone else in a

full-contact sport, it's nearly impossible to get compensation. That is because it is not possible to find a valid reason to make such a claim. However, there are certain situations in which, if you get injured, you can file a personal injury claim to receive compensation. Such situations include:

- When you get injured because of the use of faulty or unmaintained sports equipment.
- When you get injured while playing in a court or a field that is in unsafe conditions, and these conditions caused your injury.
- When you get injured due to an instructor's or coach's negligence or carelessness.
- For example, poor coaching can be one of these circumstances.
- When you get injured due to aggressive behavior. This can occur during a game between players.
- When professional athletes or fans get injured in match riots, which can happen when one set of fans decide to fight another team of fans.
- When sports fans or professionals get injured due to poorly maintained stadiums or grounds.

If you have suffered an accident and got injured in any of these situations, you are entitled to file a personal injury claim. However, even if you can file the claim and ask for compensation, your case will only succeed if it can prove certain things.

More precisely, to succeed in an action of negligence, you need to be able to prove three things:

- That you were owed a duty of care (meaning that an individual or an entity had the moral or legal obligation to ensure your safety and well-being)
- That the duty of care was breached (meaning that the person or entity who had that legal or moral obligation to ensure your safety failed to do so)
- That your injury was caused by that person/entity's failure to ensure your safety.

You will need some evidence such as

photographic or video evidence, witnesses, referee opinion, and expert evidence to prove these three things.

How to make a individual injury claim for sports injuries

If you believe that you are entitled to file a personal injury claim after sustaining a sports injury, we will explain the process to you. Sports injuries can be disastrous for a sports professional. Not only that they cause a lot of pain and negative feelings, but they can also end the career of a professional athlete if they are severe and treatment does not ensure a full recovery. So, it makes sense to want to get compensation for the injury that has caused you so much pain and disrupted your life. The first thing to do after you suffer a sports injury is to get medical help. It is essential to see a doctor and get checked up as soon as possible. Seeing a doctor is vital for two reasons: to get your injury treated and to have a diagnosis filed and recorded. What is more, your visit to the doctor will also act as proof of financial costs for medication or other medical treatments.

Secondly, you need to see if someone witnessed your accident. A witness will be additional proof of the events that caused your accident and injury. Next, you need to ask for legal advice from a professional personal injury attorney who can handle your claim case. It is best to choose a solicitor who has previous experience and knowledge with sports injury claims. You also need to present any documentation, such as medical records, bills of medical treatments, uncollected wages, etc., to your injury attorney so that they will be used in your claim case. These documents are essential in determining your claim and how much compensation you will be offered if your case succeeds. When it comes to compensation, the amount you get if your claim case succeeds depends on multiple factors. These factors are the time taken to recover, the number of other sports events that you had to cancel due to the injury you suf-

ferred, and the expenses you had as a result of your injury. Professional athletes earn their income through sports, and a serious sports injury that leaves them unable to pay can put them through massive financial stress. Sports injury claims are their legal safety net to ensure that they are compensated if someone else's negligence or intention caused their injury.

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THE INFLUENCE OF GLOBALISATION ON NATIONAL EDUCATION POLICY

Pallavi Varaiya

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Madhav Vidhi Mahavidyalaya

Abstract

We're presently living in the Globalization Period. Globalisation is not generally synonymous with global business, but it's much further than that. Globalization has a variety of complex tendencies within all nations' fiscal, social, and artistic fabric. We live in an intensively connected world where all of the world's numerous cultures and literal delights are squeezed into a single immediate verbal cloverleaf. ¹The fiscal affair of impalpable goods that can be generated, transferred, and fed on at the same time is characterised as the global deals in Immolations. Because of the direct contact between patron and purchaser, as well as the government's monopoly in the structure zone, offers have traditionally been considered home sports. This perspective has shifted as the digitization conception has gained traction. As a result, it's been stated that authorities are uncovering a rising volume of delicate to find particulars.

Keywords-globalisation, Education system, Education programs, Impact.

INTRODUCTION

For hundreds of times, globalization has fueled the development of the arena through trip, trade, migration, the discovery of artistic influences, and the prolixity of know- style and moxie. This transnational relationship has frequently proven to be veritably effective within the development of One of kind countries. Ev-

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